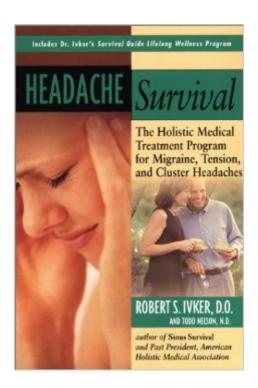
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Headache Survival PA





Synopsis

Too often, we dismiss the headache as a "minor" ailment, one for which the phrase "take two aspirin and call me in the morning" was created. But for millions, migraine, tension, and cluster headaches are debilitating conditions. In the latest of his "survival guides" modeled after Sinus Survival, Robert S. Ivker, D.O., provides relief from this misunderstood affliction. This book contains all the elements of the previous "survival guides" and these special features: * the Headache Quick-Fix * the causes of migraine, tension, and cluster headaches * a Migraine Disability Assessment (or "Midas") questionnaire * resources for suffers.

Book Information

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Average Customer Review: 4.0 out of 5 stars Â See all reviews (1 customer review)

Best Sellers Rank: #2,782,092 in Books (See Top 100 in Books) #22 in Books > Medical Books > Medicine > Internal Medicine > Neurology > Headache #65 in Books > Health, Fitness & Dieting

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Customer Reviews

I have the orig. paperback ed. and really get good pointers from it so much I got the updated hardcover. I do recommend this volume to headache and chronic pain individuals.

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